

Self-Mastery Is Our True Aim



Evil does not naturally dwell in the world, in events, or in people. Evil is a by-product of forgetfulness, laziness, or distraction: it arises when we lose sight of our true aim in life.

When we remember that our aim is spiritual progress, we return to striving to be our best selves. This is how happiness is won.

Treasure Your Mind, Cherish Your Reason, Hold to Your Purpose



Don't surrender your mind.

If someone were to casually give your body away to any old passerby, you would naturally be furious.

Why then do you feel no shame in giving your precious mind over to any person who might wish to influence you? Think twice before you give up your own mind to someone who may revile you, leaving you confused and upset.